

ASU Athletic Department Mission and Expectations

The mission of American School of Ulaanbaatar Athletic Department is to enrich the mental, physical, emotional, and social well-being of all scholar-athletes by providing cooperative and competitive opportunities which foster the development of lifelong values of sportsmanship, commitment, integrity, teamwork, individual effort, and good citizenship.

The ASU Athletic Department serves as an extension of our dynamic secondary educational program which is termed “Education-based Athletics.” Our ASU faculty and staff members consistently strive to develop within our “Scholar-Athletes” a deep commitment to the ASU Vision, Mission and ESSO statements based upon the values and principles that the department’s foundation is built upon.

What is Education-based Athletics?

It serves as a platform to enrich the educational experiences of “Scholar-Athletes” by providing them academic assistance, character development, leadership traits and Social-Emotional-Learning (SEL) support for the appropriate conduct associated with interscholastic athletics. The ASU Athletic Department promotes team sport activities that provide lifelong and life-quality learning experiences to students while enhancing their achievement of educational goals.

Scholar-a person who pursues academic and intellectual activities, particularly those students that develop a “deep-knowledge of,” “appreciation for” and seeks to cultivate “expertise” in a specific area of study.

Athlete-a person who is “proficient in sports” and other forms of physical exercise. In addition, one who has “above-average” physical abilities and is motivated to be trained in the acquisition of sport-specific skills and strategies.

ASU Athletic Department’s *Values* and *Principles* possessed by our Scholar-Athletes:

- Ethical engagement with everyone they come in contact with;
- Demonstrate responsibility/respect for themselves and others;
- Utilize the utmost positive attitude/mindset when faced with challenges in life;
- Commit to knowing and applying the ASU Vision, Mission, and ESSO goals on a daily basis;
- Display trustworthiness and honesty as they commit to and care for the ASU community members and their own family
- Realize there is no excuse for anyone to work harder than them academically and athletically while displaying a sense of fairness

1. Program Offerings

1.1. Middle School Sports (U13 & U15)

- Volleyball (Fall)
- Basketball (Winter)
- Soccer (Spring)

1.2. High School Sports (U19)

- Volleyball (Fall)

- Basketball (Winter)
- Soccer (Spring)

1.3 ACAMIS Tournaments

ASU is a member of the Association of China and Mongolia International Schools (ACAMIS) league, and ASU's three core sports teams (Volleyball, Basketball, and Soccer) travel to various destinations in China to compete. Select athletes are chosen to represent the school. It is understood that student-athletes who try out and join a team that is traveling are expected to pay for the trip expenses and commit to meeting the deadlines for payment set forth by the Athletic Director.

2. Eligibility

2.1 Age

- 2.1.1 High School- normally scholar-athletes will be at least 15 years of age and/or in grades 9-12. Occasionally, students from grade 8 and at a lower age may participate on the high school team. Factors such as a student's maturity, academics, ability, and other considerations will be made before deciding on eligibility.
- 2.1.2 Middle School- scholar-athletes must be in grades 6-8.

2.2 Grades

Bi-Weekly Grade Checks:

Scholar-athletes must maintain a 70% passing average in all their subjects. If any scholar-athlete falls below a 70% average in any of their classes, during the bi-weekly grade checks, parents will be notified and academic assistance will be arranged by the middle school coordinator or academic counselor. Academic assistance will occur at least once a week until the scholar-athletes grade meets the expectation.

Absences from scheduled academic assistance (1 day, per week) and scheduled sport training (2 days, per week), without an accepted permission notice **before** either activity, will not be accepted, and will be counted as an "unexcused" absence. The accumulation of two (2) unexcused absences, in either scheduled academic assistance and/or scheduled sport training (practices), during the sport season, will result in the student being removed from the sport team for the remainder of the sport season. The team sport coach will oversee this aspect of the selected scholar-athlete progress.

Term Grades:

In addition, if a scholar-athlete falls below a 60% average in any of their classes for a quarter grade, they will automatically become ineligible and immediately will not be allowed to play any further with their sport team until they achieve passing grades.

2.3 Attendance

- 2.3.1 Scholar-athletes must be at school and active in their classes in order to be considered eligible for any team. Violations in attendance will result in ineligibility. Chronic/consistent tardiness and two (2) unexcused absences from a sport training session (practice) will result in a student being withdrawn from a sport team.

- 2.3.2 Being absent from school (unexcused) and/or chronic/consistent tardiness of any kind during a sports season will constitute the scholar- athlete from not being able to practice with the team.
- 2.3.3 Suspension of any kind may result in a one year ban from any sports (refer to ACAMIS Charter Rules).

2.4 Player Selections

Scholar-athletes who wish to join a team must attend both tryout days to be considered. During the tryout period, each coach will provide an explanation of his/her expectations in writing. It is the duty of the student to demonstrate to the coach that he/she can fulfill these expectations. Students not selected for the team are encouraged to explore other sport opportunities or other Co-curricular activities.

3. Code of Conduct

3.1 Behavior Standards

All scholar-athletes are expected to adhere to the following behavior standards:

- 3.1.1 Will treat coaches, referees, and all other players fairly and with respect.
- 3.1.2 Will play by the rules.
- 3.1.3 Will control their temper and will not use foul language.
- 3.1.4 Will speak in English.
- 3.1.5 Will be a team player and work with the team.
- 3.1.6 In cases where past behavior (in classrooms, athletics, or hallways, and cafeteria) has been an issue, a behavior contract may be a condition of participating.

3.2 Code of Ethics: Coaches

Competence: Coaches recognize the boundaries of their particular competencies and the limitations of their expertise. Therefore, they must be capable of providing only those services and use sport-coaching certified techniques for which they have been qualified by coaching certification (NFHS), training, and experience coaching at the grade-level that they are qualified for.

Integrity: Coaches are honest, fair, and respectful of others while engaging with all stakeholders associated with ASU and other schools, officials, teachers, etc. Coaches realize that everyone will view their actions and behaviors more than they may anticipate, so they must be mindful of that at all times and follow requests given to them by those who are responsible for the ASU academic and athletic program.

Respect for Participants and Dignity: Coaches must respect the fundamental rights, dignity, and worth of all those taking part in sport. Coaches must be aware of cultural, individual, and role differences, including those of age, gender, race, ethnicity, national origin, religion, disability, language, and socioeconomic status.

Concern for Others' Welfare: Coaches should seek to contribute to the welfare of those with whom they interact with. When conflicts occur, coaches should attempt to resolve these conflicts and to perform their roles in a responsible fashion that avoids or minimizes harm.

Responsible Coaching: Coaches should be aware of their responsibilities to the ASU community and the Mongolia society in which they work and live. They apply and make public their knowledge of sport in order to contribute to human welfare. Coaches must try to avoid the misuse of their work. As usual, coaches must comply with the school code of ethics/conduct as well as the Mongolia laws.

3.3 Sportsmanship

Teaching fair play and how to both win and lose gracefully is of critical importance to the ASU athletic program. Scholar-athletes are expected to show good sportsmanship. This requires attention to not only the words said but also attitude, body language, and showing negative emotions.

3.4 Quitting

Scholar-athletes that quit a team will be ineligible to a position on teams for one calendar year (including the sport they quit). After team selection, scholar-athletes recognize that they are holding a position that other students may have wanted. Being on a team requires the acknowledgement that other scholar-athletes depend on their participation, effort, and following these policies.

3.5 Commitment

Each member of an athletic team MUST:

- Commit to being present at all team activities, including tryouts, practices, meetings and contests with other schools.
- Dedicate himself/herself to becoming an excellent team member and school citizen.
- Strive to continually improve as an athlete.
- Demonstrate pride in team performance and in himself/herself as members of a team.

3.6 Transportation

- The school will arrange for transportation to local and distant events.
- Scholar-athletes must travel on the arranged transportation to the event unless a parental/guardian permission is accepted and approved by the athletic director AND the school administrator, utilizing the ***Transportation Release Form***, which must be verified by the Student Services staff, **before** permission is granted. If a scholar-athlete is not on time for the transportation and arrives at the game site, without approval of a ***Transportation Release Form***, they will not be allowed to participate in the activity.

3.7 Clothing & Equipment

- 3.7.1 Scholar-athletes will provide their own athletic clothing for practices. Jerseys and warm-up kits for the competition will be provided by ASU.
- 3.7.2 ASU will provide equipment for the sport.

3.7.3 The scholar-athlete will wash all jerseys and warm-up kits and return them to the athletic department within one week of the end of the sports season.

3.8 Risk Factors: Pre-Participation Evaluation (PPE)

3.8.1 Athletic training, practices and competitions run the risk of injury. Scholar-athletes may not participate in tryouts unless they have turned-in to the Student Services Office, a medically released Pre-Participation Evaluation, signed by a licenced medical physician, from SOS Medica Mongolia, which has to approve their ability to participate in a sport team try-out.

This is a standard practice for the safety of scholar-athletes and involves the following reasons for having a PPE done *before* a scholar-athlete may be permitted to try-out for a sport team:

The goals of the exam are to evaluate:

- The athlete's general health;
- The athlete's current fitness level;
- Any existing injuries;
- Any condition that might increase the athlete's risk of injury;
- The athlete's level of physical maturity.

3.8.2 Any injury that occurs during a school event or practice needs to be brought to the coaches or athletic director's attention right away. Before a scholar-athlete returns to any athletic program after an injury, a physician from SOS Medica-Mongolia must provide written approval to resume participation in the sport.

I have read and hereby agree to follow the eligibility requirements and code of conduct as outlined in the ASU Athletic Department Mission and Expectations.

Student's Signature: _____ Sport: _____

Printed Name: _____

Parent's Signature: _____ Date: _____

Printed Name: _____